



CS/ID305

Pastoral Approaches to Healing: Christian Care & the Care-Giver (I)

Mrs Constance Fourie | 1.5CR

About the Course

This is a course for people who want to care for others well but this is not an equipping class. The course starts by attending to care-givers because we can only care well when we allow God to care for us, the care-givers, first. In receiving God's care, we are starting from a place of self-awareness that we who want to care for others are ourselves broken people who have wounded others and may wound again.

Dates (2019)

Sept 3, 10, 17, 24
Oct 1, 8
(7:15pm – 10:00pm)

Location

Zion Bishan B-P Church
4 Bishan Street 13
Singapore 579792

Credits
1.5CR

Fees*

S\$225 (Credit)
S\$120 (Audit)

Class Format
Live Class

* Students from Host Churches are entitled to 20% off credit courses only

IMPORTANT NOTE: Therefore,

this is firstly, an **EXPERIENTIAL** course offering pastoral care to the care-givers/helpers. Students will be challenged to engage their hearts to look within themselves honestly and seek God as they experience firsthand the teaching and small group prayer times of a Journey discipleship program that offers a model of Christian care that prioritizes active listening to the other and with the other to God.

Besides the experiential component, this course will present the theological underpinnings and practice of Journey's model of Christian care as one way in which Christians can walk alongside, pray and disciple, within rightful boundaries, those who struggle with addictions, various issues and/ or past wounding in the church.

As with all BGST classes, the course will draw upon Scripture, Christian Tradition and Interdisciplinary studies.

About the Lecturer

Mrs Constance Fourie is National Director of Journey Asia in Singapore project, a discipleship ministry that walks alongside people with sexual and relational struggles in the church. An avid flamenco dancer, Constance

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graduated from Regent College, Vancouver (MA), where she explored the relationship between Theology and the Arts, particularly dance. Formerly, she has been an OMF Missionary in Japan, Communications Manager at the Regent College Marketplace Institute and Missions Worker at the Aslan Performance Arts Centre (Spain). She is married to Jacques.

Course Objectives

- Engaging students to reflect deeply and share about themselves, their struggles and their particular need for God in their lives. To encourage students to grow in self-awareness and awareness of God so they can care better for others.
- Help students understand the theological underpinnings of Listening Prayer, experience Listening Prayer firsthand and learn to offer this as a means of Christian care to others.
- Help students reflect on the nature of Christian care and its rightful limits.

Assignments

(1) Reflective Paper (40% of grade)

(2) Book Review (40% of grade)

(3) Participation in Class Discussions & Small Groups (20% of grade)

Bibliography

Required Text

- 1) Cloud, Henry and John Townsend. *How People Grow: What the Bible Reveals about Personal Growth*. Grand Rapids, Michigan, 2001.
- 2) Nouwen, Henri J. M. *In the Name of Jesus*. Chestnut Ridge, NY: The Crossroad Publishing Company, 1989.

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